

## Western

Centre for Research on Migration and Ethnic Relations

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## Mental Health and Addictions: let's talk about it?

Winter Colloquium

Series 2015

The purpose of this workshop is to explore our own perceptions about mental health and addiction problems and how society and personal experiences influence our judgement about emotional difficulties. From an immigrant perspective, how will socially accepted beliefs and culture impact accessing services?

## 4:00pm Thursday, January 22



Please join us beforehand for refreshments at **3:30pm** in SSC 5230 All Welcome!

For More Info email: Merassis@uwo.ca

